



## Are you a corporate group or team leader looking for a new adventure activity?

An activity day with a difference for your group, whether you are on a work outing, birthday party, night out with friends or any kind of group, if you are a group of 8 or more then you qualify for our special group rate which you can find [here](#). You can book a group at our normal opening times or by special arrangement we can have a time that suits your group. We cater for all standards of skier or snowboarder in a variety of different levels from complete beginner to expert.

### Corporate outings or a work social event

For a company social event, or a group interested in team building it is hard to find an activity that everyone can enjoy regardless of gender, age or fitness. Learning to ski and snowboard could be your answer as a team building day and a unique experience.

Snow sports activates a change in mind-set, as soon as people begin to move on their skis or snowboard, a new feeling is experienced. It starts to energise the body; the adrenal begins and something new takes over in the mind. It provides plenty of fun and laughs with friends and colleagues as everybody experiences a new adventure. You and your team will enjoy a well-deserved fun day or evening on our slopes.

We can organise a lesson for those who have never skied or snowboarded before, introducing them to a new outdoor activity. For those who know how, can learn ways to improve technique and make life on the slopes easy.

What to bring on the day:

Warm, flexible clothing that does not restrict movement.

Strong Gloves (ideally padded ski gloves).

Long, thick socks.

Long sleeved top.

Wet weather gear as classes will still proceed if it rains.

The lesson will be for an hour and a half and therefore it is advisable to arrive at least 30 minutes before your lesson begins and if you are a very large group then it would be very helpful to fill out the following forms: Ski Club of Ireland Indemnity/Disclaimer form click [here](#).

Ski Club of Ireland | [www.skiclub.ie](http://www.skiclub.ie) | [info@skiclub.ie](mailto:info@skiclub.ie) | 01 2955658