

Skiing or Snowboarding for Corporate Groups or Team Building day out of the office

Are you a corporate group or a team leader and looking for a new adventure activity?

Skiing or snowboarding will offer you a active day with a difference for your group. If you are a group of eight or more, then you qualify for our special group rate of €250 for 8 people and €25 for each additional person. You can book a group at our normal opening times or by special arrangement, we can agree a time that suits your group. We cater for all standards of skier or snowboarder within the group, and can arrange lessons for a complete beginner to informal coaching for an expert.

For a company social event, or a group interested in team building it is hard to find an activity that everyone can enjoy regardless of gender, age or fitness. Learning to ski and snowboard provides a unique experience and could be your answer as a team building day.

Snow sports activate a change in mind-set. As soon as people begin to move on their skis or snowboard, a new feeling is experienced. Sliding downhill energises the body, the adrenal begins to flow and something new takes over in the mind. Learning to balance and control where you're going provides plenty of fun and laughs with friends and colleagues as everybody acclimatises to the new not-so-stable environment and develops new skills together. You and your team will get a lot out of an enjoyable fun day or evening on our slopes.

We can organise a lesson for those who have never skied or snowboarded before and have them learn a very useful and sociable new skill. Those who know how to ski can learn new techniques for handling more demanding situations in a calm and relaxing way and become more confident and skilful when next they ski abroad.

What to bring on the day:

Warm, flexible clothing that does not restrict movement.

Strong gloves (ideally padded ski gloves).

Long, thick socks and long sleeved top.

Wet weather gear as classes will still proceed, even if it rains.

The lesson will be for an hour and a half and therefore it is advisable to arrive at least 30 minutes before the start of the class. If you are a very large group it would be very helpful for all if our Indemnity/Disclaimer and ski adjustment forms are completed in advance, which can be downloaded from website.

All equipment (skis, snowboards, boots and poles) is included in the price; however you are welcome to bring your own equipment if you wish.